

The background of the image features silhouettes of several people in professional attire, appearing to be in a meeting or discussion. The silhouettes are dark against a lighter, blurred background. The text 'MENTAL HEALTH MATTERS...' is overlaid in a bold, red, sans-serif font.

# MENTAL HEALTH MATTERS...

 Clark & Lavey • 7 Henry Clay Drive • Merrimack NH 03054

Join us for this important breakfast edition of HRx,  
covering a timely topic.

# MENTAL HEALTH AWARENESS IN THE WORKPLACE

Thursday, March 19th · 8:00 am – 9:30 am

*(Networking and light breakfast starting at 7:30 am)*

Sheraton Harborside · 250 Market Street · Portsmouth NH

It is estimated that 1 in 5 people in the workplace experience a mental health condition, which contributes to absenteeism, turnover, and more.

Psychologist Robert Walrath, Psy.D will address how to recognize potential warning signs of an employee experiencing a mental health issue, and guide you through actions organizations can take for training, providing support and handling situations appropriately.

**The program is free, but seating is limited. Register today.**

<https://hrx1.eventbrite.com>



This program is Pre-Approved  
for 1.5 General Credits

